IOWA STATE UNIVERSITY
Extension and Outreach

# THE science OF parenting



## ONLINE PARENTING WORKSHOPS

### Understanding Research and Reality*
**December 1 | 8:00pm**
**Register:** https://go.iastate.edu/CT1BX5
Discover how research can guide your parenting approach while addressing real-life challenges. Learn practical techniques to navigate parenting realities.

### Understanding Temperament*
**December 3 | 8:00pm**
**Register:** https://go.iastate.edu/AEKPFW
Every child is unique! Explore temperament traits and understand how they shape your child's emotions and behaviors.

### Children's Ages and Parenting Stages*
**December 8 | 8:00pm**
**Register:** https://go.iastate.edu/JIGWZV
Kids grow, and so do parents! Learn how to adapt your parenting style to fit your child's age and developmental stage.

### Positive Discipline*
**December 10 | 8:00pm**
**Register:** https://go.iastate.edu/MONLKO
Turn guidance and discipline into an opportunity to strengthen your relationship with your child. Learn the key differences between discipline and punishment.

**This is not a Pella Community School District publication, nor is it in any way endorsed or sponsored by the district. This publication is being provided only to inform the viewer of other available community activities and opportunities.**

**REGISTER NOW!**

https://go.iastate.edu/FAMTL2

**Questions?**
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*** approved for foster parent credit**

The fees for service will be used to offset direct expenses and to support the Health and Human Sciences County Extension Program. This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/legal. HS 59 December 2024