Pella Wrestling Club

The Pella Wrestling Club is an opportunity for all area students to learn and participate in the sport of wrestling. We teach age-appropriate skills, strength, flexibility and balance in a fun environment. There will be information about tournament competition opportunities available for the parents' discretion. We can accommodate flexible schedules to help families make it work, so come to practice as you are able. The fee includes a club t-shirt.

Please return this form and payment to Pella Wrestling Club by Friday, October 23rd

Mail to: Joe Ritzert
818 197th Place
Pella, IA 50219
ritzertja@pella.com
Venmo: @PellaWRClub

Grade	Day(s)	Time	Dates	Fee
Girls K-6th :	Mondays	7:00-8:00	Nov 2nd- Dec 7th	$25
Boys K- 2nd :	Tues &Thurs	7:00-7:45pm	Nov 3rd - Dec 17th	$50
Boys 3rd- 6th :	Tues &Thurs	8:00-8:45pm	Nov 3rd - Dec 17th	$50

-2026 before Christmas practices to get started
-We will organize a different opportunity K-8 after Christmas Break
-Shoes not required, but nice to have -- Some sizes available to purchase from the club
-Singlets not required -- ask for information if interested in purchasing or renting
-Please no loose-fitting clothing at practice -- keep fingers safe
-Location is at the Pella High School Wrestling Room east of the main gym

Name_____Age_____Grade_____
School_____ T-Shirt Size_____
Address_____
Emergency Phone_____
E-mail address(es)_____

The Pella Wrestling Club is a non-profit program aimed at providing a fun environment for teaching basic skills and improving physical condition. The parent or guardian assumes responsibility for any injuries and associated expenses.

I will assume any expense for injury or damages incurred as a result of my child's participation in the Pella Wrestling Club. I acknowledge that my child has had a physical in the past year and has no physical condition which would prevent them from participating in wrestling and associated activities.

Signed_____Date_____

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