

# IOWA RUSH SOUTH LITTLE KICKERS PROGRAM (5U-8U)

## **Little Kickers Program Overview**

lowa Rush South's Little Kickers is a festival style program designed for players born between the years 2018-2021. Festival style means players practice together as a large group which allows for the interaction of more players at one time. The program encourages exercise, coordination, basic soccer foot skills, teamwork and most importantly fun! Games are then designed to allow players to be sorted in various ways to form teams and compete against each other.

# Where is it? Pella Sports Park.

When are the seasons?

Fall - Early September and ends in Mid-October

## **Practice/Game Format**

#### 5U -6U (Birth Year 2020-2021)

One practice a week-Monday OR Wednesday Practice for 30 minutes/Game for 30 minutes Monday 5:00-6:00 Wednesday 5:00-6:00

# **7U-8U Birth Year 2018-2019)**

Two practices a week-Monday and Wednesday
Game on Saturday @ 12:00
Monday 5:00-6:00
Wednesday 5:00-6:00

# Where do I register?

You can register at www.iowarushsouth.com
5U-6U \$45
7U-8U \$70

#### **More Questions?**

If you have further questions please email our Little Kickers Director at directorinhouse@iowarushsouth.com



