

Healthy Kids Iowa

from Iowa HHS



Iowa Kids Growing Up Healthy

Iowa families who qualify for the Healthy Kids Iowa Pilot Program get expanded access to additional food throughout June, July, and August, such as fruits, vegetables, dairy items, grains, and proteins. Local distribution is at Pella Community Food Shelf on Tuesdays from 3-6 pm.

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How it Works



Iowa will contract with the six Feeding America Food Banks to administer the program.



The food banks will determine qualifying locations based on identified areas of need throughout their service area.



The qualifying locations will accept applications from households and determine eligibility. The application for The Emergency Food Assistance Program (TEFAP) will be used as the application for the program.

Eligibility Requirements

- Households with children aged 4 to 18 at 185% or below the Federal Poverty Level (FPL).
- Households that are eligible for The Emergency Food Assistance Program (TEFAP) with children aged 4 to 18, are eligible to participate in this program.

Sign Up for Updates

To sign up for updates about the Healthy Kids Iowa Pilot Program, visit hhs.iowa.gov/healthy-kids-iowa or scan the QR code.

