



Spring 2023 REGISTRATION FORM

Offered at 4 Locations!

The Junior Menace program is for boys and girls ages 3-9. Players will develop soccer skills while having FUN!

WHAT TO EXPECT

Fun—fast-paced soccer environment to keep participants moving.
Curriculum—designed for skill development at age-appropriate levels.
Structure—includes a mix of practice and scrimmages.

ABOUT THE SPRING SEASON

The 3-4 year-old program will take place for 30 minutes, once a week, for the duration of 7 weeks. The 5-9 year-old program will take place for 1 hour, once a week, also for 7 weeks. Each participant should bring water, a soccer ball, shin-guards and cleats (optional) or tennis shoes.



REGISTRATION COST

3-4 year-olds: \$60 (per child, per season and location)
5-9 year-olds: \$110 (per child, per season and location)



SPRING DATES & LOCATIONS

www.MenaceSoccer.com

Mondays at Frisbie Park (6101 Muskogee Ave, Des Moines, Iowa)

Dates: April 10 - May 22

Make-up Date: May 29th

Ages 3-4: 5:30-6:00pm

Ages 5-9: 6:00-7:00pm

Tuesdays at Grimes Practice Fields (West end of SE 11th St, Grimes, Iowa)

Dates: April 11 - May 23

Make-up Date: May 30th

Ages 3-4: 5:30-6:00pm

Ages 5-9: 6:00-7:00pm

Thursdays at Caspe Terrace (33158 Ute Avenue, Waukee, Iowa)

Dates: April 13 - May 25

Make-up Date: June 1st

Ages 3-4: 5:30-6:00pm

Ages 5-9: 6:00-7:00pm

Saturdays at Sheridan Park (4000 Hull Avenue, Des Moines, Iowa)

Dates: April 15 - May 27

Make-up Date: June 3rd

Ages 3-4: 9:00-9:30am

Ages 5-9: 9:30-10:30am



Visit Menacesoccer.com/JuniorMenace for more information and to register today!

Every Registration includes a Junior Menace T-Shirt Available in sizes: YXS-YL
AND a ticket to a Des Moines Menace Soccer Game!

Optional: Add a Menace Soccer Ball to your registration for \$25! (Two Designs to choose from!)

Junior Menace is a 501c3 not-for-profit organization. It is not a School District publication, nor is it in any way endorsed or sponsored by the district. This publication is being provided only to inform you of other available community activities and opportunities.



Join the FUN!

2023 MENACE CAMPS | MenaceSoccer.com/camps

JUNE CAMPS

Iowa United/J-Hawk 3-day Camp

Location: Martin Fields (Urbandale)
Dates: Monday, June 19th – Wednesday, June 21st
Ages 3-5: 5:15-6:15pm (\$55)
Ages 6-10: 6:15-7:45pm (\$75)
Ages 11-14: 5:45-7:45pm (\$95)

Grimes Summer Camp

Location: Practice Fields (Grimes)
Dates: Monday, June 12th – Thursday, June 15th
Ages 3-5: 5:15-6:15pm (\$65)
Ages 6-10: 6:15-7:45pm (\$85)
Ages 11-14: 5:45-7:45pm (\$105)

Des Moines Summer Camp

Location: Frisbie Park (Des Moines)
Dates: Monday, June 26th – Thursday, June 29th
Ages 3-5: 5:15-6:15pm (\$65)
Ages 6-10: 6:15-7:45pm (\$85)
Ages 11-14: 5:45-7:45pm (\$105)

Menace Summer Camp at DMACC

Location: DMACC Intramural Fields (Ankeny)
Dates: Tuesday, June 6th – Thursday, June 8th
Ages 5-8: 6:00-7:30pm (\$75)
Ages 9-13: 6:00-8:00pm (\$95)
Ages 14-17: 6:00-8:00pm (\$95)

Just for Girls Summer Camp

Location: Cownie Soccer Complex (Des Moines)
Dates: Monday, June 12th – Thursday, June 15th
Ages 5-8: 5:30-7:00pm (\$85)
Ages 9-12: 5:30-7:30pm (\$105)
Ages 13-16: 5:30-7:30pm (\$105)

Just for Girls camp will be coached by the D1 Women's head coach at Western Illinois University and assisted by local female college players



Visit Menacesoccer.com/Camps for more information and to register today!



Every registration includes a Camp T-shirt. Available in sizes: YXS-AL. AND a ticket to a Des Moines Menace Soccer Game!



Optional: Add a Menace soccer ball for \$25!



JULY CAMPS

Van Meter Summer Camp

Location: Van Meter Rec Complex (Van Meter)
Dates: Monday, July 10th – Thursday, July 13th
Ages 3-5: 5:15-6:15pm (\$65)
Ages 6-10: 6:15-7:45pm (\$85)
Ages 11-14: 5:45-7:45pm (\$105)

Waukee/WDM Morning Camp

Location: Caspe Terrace (Waukee)
Dates: Monday, July 17th – Thursday, July 20th
Ages 3-5: 9:30-11:00am (\$65)
Ages 6-10: 9:30-11:00am (\$85)
Ages 11-14: 9:30-11:00am (\$105)

At Menace Soccer Camp, you'll:

- Receive a camp shirt
- Receive a Menace game ticket
- Develop your soccer skills and knowledge
- Stay active while playing fun games
- Learn from the Des Moines Menace Men's team players.