

FAMILIES FIRST

November 2022

Calendar of Events:

-**Meet and Eat Parenting Class**: Tuesdays, 12-1pm, Jan. 17-Apr. 18 (no class 2/14 or 3/14)

-**Evening Parenting Class**: Thursdays, 5:30-7:30pm, Jan.19, 26, Feb.2-**OR**-Feb. 23, Mar. 2, 9

-**Fall Book Bash**: Nov. 12, 10-11:30am, Pella Public Library

-Family Gingerbread House Making Event:

December 3, 9-11am, TO GO

-Father Daughter Dance 2023 (K-5): March 25

-Mother Son Fun Night 2023 (K-5): January 14

- **Thursday in Pella 2023**: Date TBD

For more information and to register, go to www.familiesfirstofpella.org

Facebook: @FamiliesFirstofPella Instagram: @familiesfirstpella



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GINGERBREAD HOUSE MAKING EVENT

Saturday, December 3, 2022, 9-11am Trinity Reformed Church TO GO-Drive through, grab your supplies and enjoy creating a gingerbread house at home! For families with children up to 8th grade

Celebrate the season by creating a gingerbread house with your family or friends!

Registration required: <u>To register go to</u> <u>www.familiesfirstofpella.org beginning on **Monday**,</u> <u>November 7 at 9:00pm</u>.

Register early to guarantee your house! **Registration will be closed after 400 houses are sold.** Please see our website for non-online registration options.





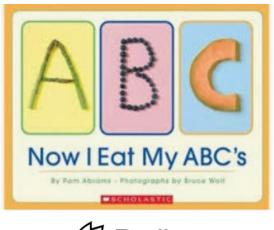


Go to www.familiesfirstofpella.org to register.

BOOK BASH

Saturday, November 12, 2022 Pella Public Library, 10-11:30 am (come and go) "Now I Eat My ABC's"

Free book for the first 100 families! This event is geared towards families with children ages 0-5, and we have a lot of fun planned, including...a healthy plate craft, story time, singing, fruit basket upset game, making "magic" toast, guess the food, and more!





SNAPSHOT PARENTING CLASS



Monday, November 14, 2022 Trinity Reformed Church 6-8pm Registration: email familiesfirst94@gmail.com

Are you curious about these Love and Logic[©]Classes you keep hearing about? Now's your chance to get a snapshot of the class. During this one-time class, an overview of Love and Logic Parenting will be presented, including two techniques to try with your kids.

Thanks to our generous donors, a pizza supper and childcare are offered at no cost! Bring the whole family or attend on your own. Email Allison to register for a spot.

SETTING LIMITS

In Love and Logic Parenting Classes, we learn how to set limits with our children. In the book, "Love and Logic Powder Room Reader," Dr. Charles Fay says, "It takes a tremendous amount of courage to raise respectful and responsible kids! It's not easy to set and enforce limits when we know that doing so will probably make our kids really upset in the short term." To learn more about Love and Logic's philosophy on setting limits, see the attached reading, "Setting Limits."

Contact Information:

Allison Kerndt, Director: familiesfirst94@gmail.com, 641-780-5741 Stacy Schutte: Financial Coordinator: familiesfirstpella@gmail.com, 641-780-8239