

Pella Wrestling Club

The Pella Wrestling Club is an opportunity for all area students to learn and participate in the sport of wrestling. We teach age appropriate skills, strength, flexibility and balance in a fun environment. There will be information about tournament competition opportunities available for the parents' discretion. We can accommodate flexible schedules to help families make it work, so come to practices as you are able.

Please return this form and payment to Pella Wrestling Club by Friday, October 29th
Mail to:

Joe Ritzert
818 197th Place
Pella, IA 50219
ritzertja@pella.com

Grade	Day(s)	Time	Dates	Fee
K -2nd:	Mon./Thurs.	6:15-7:00pm	Nov 1 st - Dec 16 th	\$40
3rd -6th:	Mon./Thurs.	7:15-8:15pm	Nov 1 st - Dec 16 th	\$40

- 2021 before Christmas practices to get started
- We are going to organize a different opportunity K-8 for after Christmas Break to get ready for districts and the state tournament that we will communicate at a later date.
- Fee includes a Pella Wrestling Club practice shirt
- Shoes not required, but nice to have -- Some sizes available to purchase from the club
- Singlets not required -- ask for information if interested in purchasing or renting
- Please no loose-fitting clothing at practice -- keep fingers safe
- Location is at the Pella High School Wrestling Room east of the main gym

Name _____ Age _____ Grade _____
School _____ T-Shirt Size _____
Address _____
Emergency Phone _____
E-mail address(es) _____

The Pella Wrestling Club is a non-profit program aimed at providing a fun environment for teaching basic skills and improving physical condition. The parent or guardian assumes responsibility for any injuries and associated expenses.

I will assume any expense for injury or damages incurred as a result of my child's participation in the Pella Wrestling Club. I acknowledge that my child has had a physical in the past year and has no physical condition which would prevent them from participating in wrestling and associated activities.

Signed _____ Date _____